

## Cockburn Road Realignment Now Open

A ribbon-cutting ceremony was held on February 27 at Port Coogee to mark the opening of the newly aligned Cockburn Road.

The road was officially opened by Minister for Planning and Infrastructure, the Hon Alannah MacTiernan MLA and Cockburn Mayor, Stephen Lee.

Port Coogee is the biggest and most significant project ever undertaken in Cockburn and indeed the southern metropolitan region.

Mayor Lee said it would vastly improve traffic flow in the area and provide residents and visitors to our great City with a wonderful panoramic view of our coastline.

"This world-class precinct will be home to close to 5,000 residents, and will provide some wonderful public amenity via the public marina, boardwalks, landscaped foreshore areas, parklands, pedestrian-friendly streets, cycleways, fishing platforms, cafes, shops and public swimming beach."



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P 9411 3444  
[www.cockburn.wa.gov.au](http://www.cockburn.wa.gov.au)



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## Message from the Mayor



**This year, we have been working hard to adopt some fresh ways to encourage our residents and businesses to live a more sustainable lifestyle.**

**We have many sustainability projects and 'green' initiatives underway in the City including a water conservation strategy; sustainable public lighting project; and a photovoltaic cell feasibility study, is currently being carried out on two of Cockburn's buildings to assess the viability of installing a PV system.**

Our free 'Living Smart' community courses held last month were a big success. The seven week course taught participants skills to help them save money at home, while being environmentally conscious.

The City also remains focused on recycling and reducing our greenhouse gas emissions, continually working with the South Metropolitan Resource Council to increase the level of recycling in our City from both residents and businesses.

While on the topic of recycling, I would also be very interested to hear your feedback on whether you would prefer your yellow-top recycling bin to be picked up weekly rather than fortnightly. Email: [slee@cockburn.wa.gov.au](mailto:slee@cockburn.wa.gov.au).

As always, if you have anything else you would like to tell us about or discuss please don't hesitate to contact myself or your local councillor.

**Mayor  
Stephen Lee**

## Phoenix Central Revitalisation Project Update

The City is currently working on the draft revitalisation concepts and hoped to publicly release these and hold a Community Forum to discuss the various options that will be presented.

It is expected the plans will be made public in May 2008.

For more information on the revitalisation visit the City's administration office or view online at the City's website [www.cockburn.wa.gov.au](http://www.cockburn.wa.gov.au).

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## Vanessa Amorosi Shines In Hamilton Hill

The 2008 Summer of Fun concert series ended Sunday, March 3rd with an impressive performance by Australian icon Vanessa Amorosi.

The huge crowd enjoyed a mix of Vanessa's hits including a popular rendition of her classic anthems "Shine" and "Absolutely Everybody", mixed with upbeat covers of pop songs and tunes from her new album.

The concert followed an energetic performance by ACDC tribute band Hells Bells on February 16 who played before a spirited crowd at Davilak Oval.

We hope you enjoyed this year's Summer of Fun concert series and we hope to see you all for the 2009 Summer of Fun.





## Is Cockburn prepared for a major disaster?

Fire and Emergency Services Authority of WA (FESA) is another organisation that sits on the City's Local Emergency Management Committee (LEMC).

The City set up this committee to adopt an emergency management plan so it is prepared in the event of a large-scale emergency such as tsunami, oil spill, aircraft accident, earthquake, terrorist attack, mass flooding and fire.

FESA assists with the management of Cockburn's local bushfire brigades. It provides funds for the operational needs of all brigades as well as fire fighting and emergency service vehicles and equipment on a rotational basis.

In the event of a disaster, FESA is able to support local governments with resources including equipment and senior officers to manage the incident.

It is important to remember if there is an emergency, you should always call 000 at first instance and the person answering the call will direct your call to the service required - fire, police or ambulance.

If anyone is interested in participating in a survey on emergency risk management analysis please email [selliott@cockburn.wa.gov.au](mailto:selliott@cockburn.wa.gov.au).



### Profile - Don Johnston

FESA's Community Emergency Services Manager Don Johnston is responsible for managing the volunteer bush fire brigades in Cockburn. Prior to starting work with FESA, Don was a volunteer with the Bush Fire Service and has this year completed 35 years of service as a volunteer.

"The best part of this profession is being able to assist people in need and having them thank you for saving their home or assisting to protect their family," he said.

## Clean Up Australia Day

Every year hundreds of thousands of Australians clean up their local environment by collecting and removing rubbish on Clean Up Australia Day on Sunday, March 2.

This year, the City of Cockburn celebrated Clean Up Australia Day with students from Blue Gum Montessori School, Bibra Lake.

The City's Sustainability Officer Kate Ringvall spoke to the children about the importance of protecting their environment and gave them some tips on how they can each make a difference.

Clr Carol Reeve-Fowkes also came along to lend a hand and talk to the children.





# Introducing the City's Environmental Health Services team

The City's Environmental Health Services team aims to ensure that the standards of public and environmental health for residents, workers and visitors to the City are maintained at a high standard. Environmental Health Officers (EHO's) carry out a regulatory role auditing food premises, public buildings, industries and other premises licenced and/or regulated under the Health and Environmental Protection acts. EHO's attend to complaints and enquiries about a huge range of public health issues including asbestos, noise, dust, unfit food and/or poor labelling, mosquitoes, and contaminated sites.

EHO's and Health Promotion Officers provide training for food handlers and coordinate healthy lifestyle programs. Using State Government funding and in partnership with the South Metropolitan Public Health Unit, two new programs including 'Be Active Cockburn' have commenced in 2008. These programs aim to encourage our residents to increase rates of regular physical activity, and to reduce the prevalence of smokers and minimise people's exposure to passive smoke in the City.

## Be Active Cockburn Logo Design Competition

Congratulations to Emmanuel Catholic College year 10 student Shannen B for winning the Design a Logo competition.

Shannen's design will now be adopted for the Be Active Cockburn program.

### City of Cockburn Health Quiz

**Q:** What is the minimum total number of minutes adults should do moderate physical activity on most days of the week (according to National Physical Activity Guidelines)?

**A: Thirty**

**Q:** What is an easy way to check that you have performed "moderate" physical activity?

**A: You can talk, but are too puffed to sing**

**Q:** What behavioral change is second only to quitting smoking as benefiting health for adults?

**A: Doing the recommended amount of physical activity each day**

**Q:** A recent survey of Cockburn residents found which form of physical activity to be the most popular overall?

**A: Walking**

**Q:** What is the name of the health promotion program that will be launched in April 08 in the City of Cockburn?

**A: Be Active Cockburn**





# A Better Tomorrow

## SUSTAINABILITY AWARDS

### Sustainability Awards To Create A Better Tomorrow

The City of Cockburn is launching its very own Oscars. The Better Tomorrow – Sustainability Awards will provide the community a chance to improve economic, environmental and community wellbeing – and win an award in the process.

Join us at the official launch, 3pm Tuesday, 13th May 2008 at Gateway Shopping City of Cockburn to find out more about the program and how you can get involved. There will be music, plenty of fun and special guest Tod Johnston will be there to help unveil the Sustainability Awards program.

#### A Better Tomorrow – Sustainability Award categories:

- Economic wellbeing – School, Community and Business (3 x \$1,000 prize)
- Environmental wellbeing – School, Community and Business (3 x \$1,000 prize)
- Community wellbeing – School, Community and Business (3 x \$1,000 prize)

All nominees go into the running to win the prestigious City of Cockburn Gold Sustainability Award worth \$5,000. All participants will be invited to attend the Gala Celebration event in November where award winners are announced.

We hope you will join us and get involved in making Cockburn's future even brighter.

Phone 9411 3444 or visit the City's website.

### Show Off 4

The popular Show Off by invitation exhibition will move to a new home in 2008.

With Memorial Hall refurbishment complete the exhibition will be open to the public from Saturday June 7th and run until Sunday June 15th between 10am – 3pm.

The artists who participate in the Show Off exhibition are all local Cockburn artists who are at varying stages of their professional careers.

This exhibition is a free event. Please contact Cassandra 94113433 for further information.



# Happening Seniors' Bulletin Board April 2008

Presented by the Regional Seniors' Group

## Upcoming Events

### FREE Gym and Aqua Aerobics Program

Gym – Fri 11th April till 9th May

Aqua aerobics – Wed 9th April till 30th April

A free health and fitness program for over 50's who are living in Cockburn. Gym and Aqua Aerobics classes will weekly over 4 weeks. Places are limited so book early.

Where: South Lakes Leisure Centre, 90 South Lake Dr, South Lakes

### FREE Digital Photography Course

Learn how to download pictures, crop, resize, send photos via email and much more!

Three week course begins Monday 21st April.

Time: 3 – 5pm

### Cockburn to Mandurah daytrip

Come and join us for an excursion to Mandurah on the new train line. This informative trip will be followed by a free lunch at Cicerello's.

When – 5th May

Time – 9:30 – 3.00pm

### SENIORS DAY OUT – ACTIVE LIVING EXPO

24th April, Len Packham Club Rooms, Coolbellup

A fun filled day full of free activities, competitions, information sessions and prizes. Join us for the indoor lawn bowls competition (teams of 4, entry \$2) or a karaoke competition - \$100 cash prize. Or nominate someone for the "Kindest Senior of the Year Award" - \$100 cash prize. Free lunchtime sausage sizzle and free tea and coffee all day.

For more info or to make a booking for any of the above **FREE** events for Cockburn Seniors please contact Customer Service on **9411 3444**.

## Seniors' Clubs Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 am (monthly) Probus Club of Cockburn Phone Peter on 9417 1669	9am to 3pm Cockburn Senior Citizens Phone Mavis 9337 3772	9am to 3pm Cockburn Senior Citizens Phone Mavis 9337 3772	9am to 3pm Cockburn Senior Citizens Phone Mavis 9337 3772	11:45am to 2:30pm Atwell Over 50's Phone Lorna on 9418 4296
10am to 12 noon St Jerome's Seniors Phone Lucy on 9418 1630	9.30 am to 12 noon Cockburn Prime Timers Phone Val 9337 1680		9:30 am to 12 noon Coolbellup Leisure Club Phone Pat on 9417 4059	
1pm to 3pm South Lake Seniors Phone Doris 9414 5772			12 noon to 2:30 pm (fortnightly) Southwell Friendship Club Phone Emma on 9418 5757	





## Annual Pioneers Luncheon 2008



### Do you know a local pioneering hero?

The Cockburn Foundation Day Award is for people who have helped shape Cockburn into the thriving progressive community it is today. Council is seeking nominations for the award which will be announced at the Annual Pioneer's Luncheon on Friday, 30th May 2008.

Nominations close on Friday, 9th May 2008, so get your entry form by calling Vanda Bacich on 9411 3577 or email [vbacich@cockburn.wa.gov.au](mailto:vbacich@cockburn.wa.gov.au). Forms are available on our website at [www.cockburn.wa.gov.au](http://www.cockburn.wa.gov.au).

### Have you lived in the City of Cockburn continuously for 57 years?

If so, you may be eligible to attend our Annual Pioneers Luncheon on Friday 30th May 2008. Please write to:-

Mrs Vanda Bacich, PA to the Elected Members  
City of Cockburn  
PO Box 1215  
BIBRA LAKE WA 6965

Briefly state your residential history in Cockburn (don't forget to include the names & phone numbers of two referees who will support your information).

## Your Council

### Mayor Stephen Lee

0404 001 323  
[slee@cockburn.wa.gov.au](mailto:slee@cockburn.wa.gov.au)



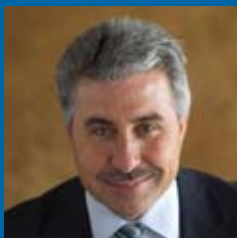
### Dep Mayor Kevin Allen

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