

COCKBURN

CITY OF COCKBURN OFFICIAL NEWSLETTER

ISSN 1035 - 0956 No. 60 JUNE / JULY04

SOUNDINGS

Do you have a teenager at home? Do you love your kids but are not sure how to cope with some of the stuff they get up to?

If you said "yes," then you should be coming to Cockburn Council's "Frazzled Parents" Conference entitled, "How to Survive a Teenager in Your Home" on Saturday July 10th from 1pm to 5pm in the Cockburn Civic Centre, followed by a complimentary Sun downer and free sumptuous 3 course dinner.

If you live with young people, work with young people or care about young people then this will be a day of interesting speakers and inspirational stories, filled with information you won't want to miss.

Speakers at "How to Survive a Teenager in Your Home" will include Graham Hyman of Youth Specialties Australia, a leading authority on teenagers and family relationships, Sergeant Bill Wilson from the WA Police speaking on the subject of drugs, plus there will be representatives from many organisations offering help to young people and their families.

Your Council feels that young people are an important part of the community and helping parents an equally important part of our role in the community. "How to Survive a Teenager in Your Home" is a free event open to anyone.

However, you will need to register so please ring Bev on 9411 3535, by Friday July 2, 2004. Places are limited to 400 for

the conference and 200 for Dinner so please book early. And yes the dinner is free too.

"How to Survive a Teenager in Your Home" is not just another talkfest. The speakers will be humorous, moving and informative. There will be time for questions, plus a Sun downer and a dinner too, offering everyone a chance to share experiences and talk about the issues

raised during the day and the joys of teenagers and parenting.

I have teenagers at home and will be there with my wife Anna, and would encourage

as many of you as possible to come and join us in this wonderful community event.

Mayor Stephen Lee

PO Box 1215, BIBRA LAKE D.C. WA 6965 Phone: 9411 3401



Mayor Lee with Matthew, Henry, Luke, Scott, Trent, Malcolm, Dillon and Steve



Nearer to Nature

NatureBase

Department of Conservation and Land Management
Government of Western Australia

Discover Perth's nature

www.naturebase.net/n2n.html

Nearer to Nature – Winter activity program

Get out and about this winter with nature-based activities run by the Department of Conservation and Land Management's Nearer to Nature program.

Discover polywogs and frogs in wetland environments, enjoy stories and traditional dancing with Nyoongar guides, take winter walks through the forest and lots more.

Activity prices start from \$6.50, with discounts for Nearer to Nature members.

Brochures are available in all local libraries, or call **9295 2244** for bookings and information. Bookings are essential. Look up the Nearer to Nature website at www.naturebase.net/n2n.html for the full program.

Beeliar Regional Park, Bibra Lake

Activities at this venue (except Polywogs in Pools) begin at the Cockburn Wetlands Education Centre, Hope Rd, Bibra Lake.

Polywogs in Pools commences from the car park on Progress Drive, Bibra Lake between Gwilliam Drive and Hope Road. **Look for the Nearer to Nature Signs.**

Day	Activity	Description	Time	Age	Cost
Mon 12 July	Polywogs in Pools	Join us on a search for nature's funky swamp dwellers. With scoop nets and trays, you'll discover amazing invertebrates and learn about their incredible features.	10.00AM – 12 NOON	6yrs – 12yrs	\$9.00pp or \$7.50 DC
Fri 16 Jul	Creature Feature	Learn all about our native animals in this hands on activity. Hear stories of how our native animals survive in the harsh Australian bush. Hold a cuddly creature, then get creative with a paintbrush and paint your favourite animal.	10.00AM – 12 NOON	3yrs – 9yrs	\$13.50pp or \$12.00DC
Wed 21 July	Snugglegum & Cuddlenut	This activity gives the little ones a chance to create their own gumnut baby following a delightful nature walk through the bush. Stories and singing finish off this wondrous 2 hours	10.00AM – 12 NOON	3yrs – 6yrs	\$13.50 or \$12.00DC
Sat 7 August	Nightshift	Bring a torch and discover the forest by night, then prepare for an animal encounter of the close kind.	7.00PM – 9.00PM	9yrs – Adults	\$15.00pp or 13.00DC



Cockburn Community Development Strategy

Community Strategy Fund for Community Development Strategy

Ground breaking news was delivered to the City's 13 community associations and city wide community organisations that met as the 2nd Regional Community Development Group on April 28, 2004.

Mayor Stephen Lee announced the formation of the \$120,000.00 Community Strategy Fund, a joint program by the City of Cockburn and Alcoa to provide funds over the next

two years to assist the community associations who are participating in the Cockburn Community Development Strategy in carrying out projects resulting from their community action plans.

"\$60,000.00 from the City of Cockburn and \$60,000 from the Alcoa Kwinana Refinery add up to 120,000 reasons why the City of Cockburn is committed to community consultation and will remain so. Whilst our community continues to come up with great ideas we are committed to support them," said Mayor Stephen Lee.

The Regional Community Development Group represents all community groups participating in the Cockburn Community Development Strategy and meets every two months to discuss and act on city

wide issues that benefit the community.

Alcoa Kwinana Refinery Manager, Tom Adams said, "Alcoa is very pleased that the City of Cockburn has chosen us to become one of their partners in the action phase of their

Community Development Strategy.

"This partnership gives Alcoa the opportunity to support our major community stakeholders, by assisting and joining them in

their real and researched community needs.

"We are looking forward to working with the City and their community leaders over the next two years.

"We strongly believe that by working towards building stronger communities at a local level, each of us is laying the foundation for creating harmonious communities at a state, national and global level. I would also like to congratulate and thank the other major partners, the Cockburn Gazette, Murdoch University, and the South Metropolitan Public Health Unit for joining the City of Cockburn in this project."

For further information contact Daniel Hanley, Community Development Coordinator with the City of Cockburn on 9411 3583.

**"Cockburn
Communities
In Action"**





Cockburn Rotary Spring Fair Important dates for 2004

- Stall applications will be available from Saturday 31 July Contact Ian Watson on 9437 1305
- Stall applications close Friday 8 October.
- Late applications will incur a late fee.
- No food stalls will be accepted after Friday 8 October.

Community groups wishing to perform at the Spring Fair please contact Cassandra 9411 3433 before Friday 30 July 2004.

Aboriginal Advisory Committee

The City of Cockburn Aboriginal Advisory Committee was elected in December 2003.

This Council appointed committee has been set up to support and generate awareness of Nyungar culture within the Cockburn district and to promote understanding and recognition within the wider community. Lorna Corbett was elected Chairperson of this committee with Brad Collard as Deputy Chairperson.

With NAIDOC week coming up from 4 - 11 July the committee is



busy planning activities for the local Aboriginal community. The committee has also been successful in obtaining funding to develop Aboriginal oral histories, which will see local Aboriginal people trained in gathering the oral histories of local families and elders.

A special phone line has been set up and the number is 9411 3487 for anyone wishing to contact the committee.

JANDAKOT WOOL SCOURS ART PROJECT EXPRESSION OF INTEREST

In recognition of the Jandakot Wool Scours site money was given to Council by the developer to create an artwork that commemorates the role of the wool scours in Jandakot. Local artists Chris Jones and Renae Martin have been commissioned to undertake this project.

Expressions of Interest are being sought from people or families who have had an involvement with the wool scours to have a tile created to be added to the artwork.

There will be a nominal cost (\$20.00) for the creation of the tile to cover the costs of making and firing the tiles.

If you are interested in having you or your family represented in this artwork please contact Cassandra 9411 3433 for further information.



Councillor's Corner

by Cllr. Martin Reeve-Fowkes

Many people who know me, and my passionate support of the environment, have asked me why I voted in favour of the Port Coogee Marina?

It is great to have the opportunity to answer that question publicly.

Since December 2000, I have had the honour of representing Cockburn on the Cockburn Sound Management Council. I have been part of the local government and community representation on this body. We've heard about the decline of seagrass in the Sound, and we see the new industrial developments along the shoreline. Industry has encroached as far north as Woodman Point with the loss of our dog beach at Jervoise Bay. As Community Representative I have tried to ensure we maintain a balance between the natural Cockburn Sound we all love, and the needs of industry. The new Southern Harbour will, I am sure, eventually get built, and further industrial development will take place in the Sound.

Only the Residents and public opinion will moderate industrial requirements in Cockburn Sound. In the public forums that took place when the Multiple Use Strategy for Cockburn Sound was devised, it was overwhelmingly the 'boat users', who stepped forward to speak up for

Cockburn Sound. Whether they were fishermen or from the Powerboat Club the voice of these recreational users were heard loudest.

Having 360 additional boat pens at the Port Coogee Marina was therefore a huge deciding factor for me. I know that a great number of these people will love the Sound and fight hard for its preservation. The increased recreational use of the Sound by "boaties" will themselves, help to preserve it and provide an additional brake on Industrial Expansion.

The Marina's location, on that piece of old meat works seawall, and across those rocky inlets, towards the power-station, gave me great concern with it's potential to cause sand erosion on Coogee Beach itself. It took several sessions with Mick Rogers, the Consultant on beach erosion, to convince me that we had Coogee Beach adequately protected.

The final decider

When, after all the submissions, after all the discussion and after reading all the submissions - the developer agreed to:

- A) Increase the number of boat pens
- B) Provide 200 metres of public beach inside the development
- C) Increase the car parking provisions by about 200 cars

I finally felt that the Community was getting a very good deal. I believe it will be a focus for Cockburn and will be loved by all as a recreational area with boardwalk cafes and safe swimming beaches for young children. All of your Councillors spent hundreds of hours at briefings, at rallies, and around the table with various consultants and experts on this issue. We all did our best to understand the environmental and social consequences and to gauge the people's support or rejection of this development and in the end we all had to use 'informed judgment' and I am confident that we have achieved the best possible outcome for all.

Talking with a Councillor from one of the northern suburbs and he said, "Ah! Yes! Cockburn, it must be very interesting being a Councillor in a place which is the buffer between us and the Kwinana Industrial Area". I've never thought of Cockburn as an industrial buffer zone, but perhaps that is not an uncommon view from the northern end of town. I hope our 'image' will change and people will say "Ah! Cockburn, that's where that wonderful marina development is!"

Celebrating "Valunteering"



Volunteering is one thing but "Valunteering" is another. In addition to being a Cockburn City Councillor since 2000, Val Oliver has been volunteering in the City of Cockburn for 26 years. Val brings new meaning to the term 'Volunteer'.

Over the years Val has undertaken a range of community projects such as the Coolbellup Community Association, the Coolbellup library and the Coolbellup Community Vocational Centre. She has started a craft group, a writing group and a local indigenous support group, to name just a few. Val is an inspiring go-getter who has made volunteering an integral part of her daily life.

More recently Val formed 'Hava Chat Lounge' and 'Prime Timers' to help residents and seniors have a place to be social with friends, to be entertained, and a place to stay informed. When asked why she volunteers so much, Val said: "You make time for the things you want to do

and the things that are important to you."

What's valuable to Val about volunteering is keeping in touch with her community members. She says that volunteering is about "...trying to make the community safer and looking at what the community needs so that the quality of life is better; so life is easier."

For those interested in volunteering Val would advise to ask yourself: What skills do you have or want to develop? Are you working or retired? What is your availability? Do you enjoy helping people? Can you put yourself in another person's position and feel how they feel?

Val is an example of volunteering making a big difference in the community. If her story inspires you why not contact the Cockburn Volunteer Resource Centre on 9411 3490 or email volunteering@cockburn.wa.gov.

The Cockburn Volunteer Resource Centre is desperately seeking volunteers to provide a range of services in the community. Opportunities include mentoring, helping people with disabilities, providing companionship to isolated seniors, IT, administration, youth services, conservation and much more.

If you have at least an hour a week to give why not become a volunteer? It is rewarding, fun, and is good for the soul!

**In
Home
Childcare
Workers Wanted
For children
0 - 12 years**

Enthusiastic child-focused carers are required to provide quality childcare in parent's own home. The City of Cockburn will provide training, support and referrals to selected caregivers who meet our requirements.

**Family Day Care Scheme
Caregiver Vacancies**

Family Day Care is a Commonwealth funded program which provides quality home based childcare in the Caregiver's own home

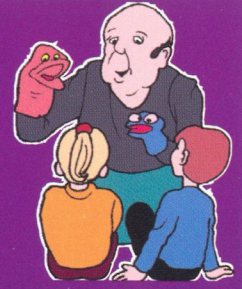
Vacancies exist within all locations of the City of Cockburn for caregivers who wish to provide quality childcare. Successful applicants will have the ability to maintain a safe, clean environment, have a good understanding of Children's development, plan and provide age appropriate stimulating activities, supply nutritious meals, have good communication skills and a commitment to attend continuing education programs.

Experience in caring for children is imperative; caregivers are required to be licensed by the Child Care Licensing Unit. Scheme staff provide assistance through the licensing process.

Homes of caregivers undergo an initial and annual safety check to ensure standards are maintained in accordance with scheme policy. Caregivers are considered to be self-employed.

Applicants may obtain an information package from the City of Cockburn Family Day Care Scheme 9337 7177.

**INTERGENERATIONAL
PLAYGROUP**



PARENTS AND CHILDREN 0-5 YEARS

WHERE:

JEAN WILLIS CENTRE
CNR HEALEY AND REDMOND ROAD
HAMILTON HILL.

WHY:

THE CITY OF COCKBURN IN CONSULTATION WITH PLAYGROUP WA IS ESTABLISHING AN INTERGENERATIONAL PLAYGROUP.

At this playgroup families will be able to:-

- ▶ Enjoy the company of seniors .
- ▶ Relax in an environment that has been especially adapted to meet the needs of seniors as well as playgroup families.
- ▶ Benefit from the support of an Early Education Officer.
- ▶ Use new toys and activities to support families in learning through play.
- ▶ Make new friends.
- ▶ Enjoy time in the welcoming surroundings complete with indoor and outdoor facilities.
- ▶ Watch the joy that children bring to the seniors.

For more information please contact Jill Zumach on 9411 3431 or Penny Chellew at Playgroup WA (Inc) on 92288088.

Visit our website at
www.playgroupwa.com.au

Sunny Side Up or Sunny Side Down



The bronzed Aussie is an icon of our country, and these days brown skin can be achieved naturally or with the help of an artificial source of sunshine.

Sun tanning beds or solariums are more accessible than ever before. If you are a user of sun-tanning beds, keep in mind the following useful information provided in the Australian Standard (AS2635:2002):

- Persons under 15 years old are not to use sun-tanning beds.
- Persons between 15 and 18 years old must have parental consent to use a sun tanning bed.
- Patrons are not to use a sun-tanning bed more than three times a week with a minimum of 48 hours between exposures.
- Sun tanning units emit ultraviolet radiation; with some producing concentrations of UV radiation that can be up to five times the strength of a midday summer sun.
- As a client using a sun-tanning bed for the first time, you should be asked to read some information on use of the equipment and sign a consent form to use the sun tanning bed.



- Protective goggles are to be supplied for use by patrons when using a sun-tanning bed.
- Any surface in a solarium that comes into contact with the patron's skin must be cleaned and disinfected between each use.

UVA radiation represents most of the radiation emitted by solariums. It penetrates the deepest layers of the skin and may cause deterioration of the skin, premature aging, reduced level of collagen and blotchiness and pigmentation.

UVB radiation penetrates the uppermost layer of the skin and is the main cause of sun burn and skin cancer and may also cause rashes, itchiness and dryness to the skin as a result of solarium use.

The Australian Standard is not enforceable in Western Australia and is therefore a document that represents best practice for operators of solariums.

For further information, please contact the City's Health Service on 9411 3589.

Responsible Cat Ownership

The City of Cockburn has many areas of native bushland and wetlands that act as refuges for wildlife including birds, reptiles, possums and bandicoots. However, the remaining populations of native animals are coming under increasing pressure from predatory 'imports' such as domestic cats and dogs. Studies have shown that on average in a hectare of urban land there will be two domestic cats and each will kill 8 birds a year. (In most suburban areas only 20 birds hatch per hectare per year!) Cats have also been found responsible for 16 mammal and 8 reptile deaths each per year.

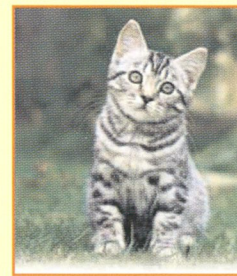
What can you do? Cockburn supports responsible cat ownership, particularly for residents near to wetland and bushland areas. Some simple things you can do as a responsible cat owner are to:

- ◆ Make sure your cat wears a collar with bells. Your cat will get used to wearing the collar and remember, cats can learn to hunt without ringing one bell, so two or three bells are better at alerting prey that may be on the menu!
- ◆ Desex your cat. This reduces the tendency of a cat to roam and also reduces unwanted litters and

feral cat populations. The City of Cockburn provides subsidies for cat sterilisation.

- ◆ Don't allow your cat to roam. Most people are aware that cats should be brought in during the evening to reduce hunting, but it will also assist in reducing cats being involved in road accidents, catching diseases from other cats and fighting with other cats. Did you know that cats can also be turned into content indoor pets? Cockburn's Environmental Services can provide information to assist in adjusting your cat to an indoor lifestyle.

Begin the changes now in time for the Spring breeding season to give our native friends their best chance. If you would like further information please contact Ben Hollyock on 9411 3441.



You can run but you can't hide

NEW COLLECTION AREAS BULK WASTE PROGRAM

	Area 1 Hamilton Hill, Coolbellup	Area 2 Leeming, North Lake, Bibra Lake, Jandakot, South Lake	Area 3 Coogee, Munster, Spearwood, Wattleup (west of railway line)	Area 4 Yangebup, Beeliar, Atwell, Success
GREEN WASTE	5 Jul 04	12 Jul 04	19 Jul 04	26 Jul 04
JUNK COLLECTION	30 Aug 04	6 Sep 04	13 Sep 04	20 Sep 04
GREEN WASTE	1 Nov 04	8 Nov 04	15 Nov 04	22 Nov 04
GREEN WASTE	21 Feb 05	28 Feb 05	Tues, 8 Mar 05	14 Mar 05

RURAL AREA COLLECTION

27 September 2004

The 'Rural Area Collection' is for properties **not** included in Areas 1, 2, 3 & 4 (ie. Banjup, Hammond Park, parts of Wattleup and parts of Jandakot).

Registration for Rural Collections will be taken following a leaflet drop to those areas.

Cockburn

@ your Library

Bigger! Better! Brighter!



Success Library has recently moved into Shop 1 at the Gateways Shopping Centre. The library now offers a relaxed and spacious atmosphere with colourful and inviting surroundings. The biggest innovation, however is the technology. Council's Information Technology Department has installed a state of the art wireless network to allow a flexible working environment for the library. ADSL lines offer faster internet access as well as improving the general operations of the library. However one thing remains the same — the helpful and friendly staff so come and pay us a visit!

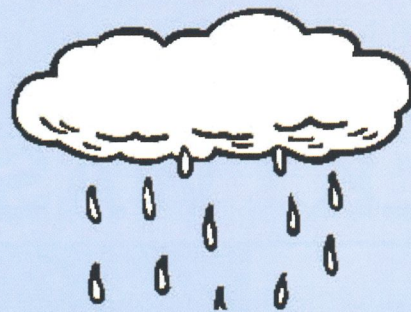
DUE TO POPULAR DEMAND

Laughter: the wonder drug

Laughter relaxes muscles, reduces stress and pain. It improves circulation, sleep and self confidence and strengthens the immune system. Laughter has no known negative side effects. Joyologist Ian Hall will share with you the benefits of laughter and teach you some easy exercises that will make you feel good about yourself.



Wednesday, 23rd June
1.30pm – 2.15pm.
Spearwood Library,
9 Coleville Crescent,
Spearwood.
Phone 9411 3491 for
bookings.



Winter at the Library!

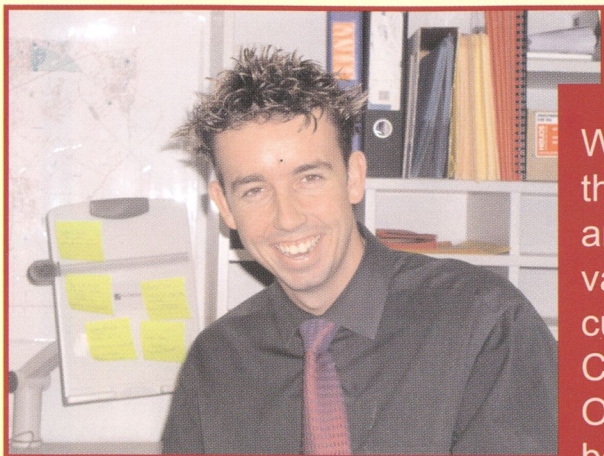
The wet weather has set in and it's time to play indoors. Amuse the kids with books—from novels to mazes, cooking or even experiment with science!

Entertain them with a video or DVD, take home new music or one of the many talking books to listen too.

Keep them quiet with our range of puppets and toys. Select from our range of board games and jigsaws for the whole family to play!

So the next time someone pipes up that their bored, come to your Cockburn Library as there is so much to do and it's **FREE!**

Cockburn Youth Services



Welcome to Jae Dornan, who has recently joined the Youth Services Team as the Youth Programs and Activities Officer. Jae will be involved with a variety of social, sport, recreation, health, art and culture programs and activities for young people in Cockburn. Jae is also the contact for the Youth OUTRAGE holiday program for young people aged between 11-16yrs which runs every school holidays.

Current Cockburn Youth Services Programs

PASH - Promoting Adolescent Sexual Health program is running at Lakelands SHS for young women in year 9

Young Parents' Group - A support group for young parents

On Track - Members of the YAC together with young people in the community received funding to develop a project in Cockburn

Excelerate - A 16 week TAFE program in Leadership Development and Automotives

Solid Women - A support group for Mums of young people involved with, or at risk of being involved, with the justice system

Football Clinics - South Fremantle Football Club are running a number of clinics for young people throughout the Cockburn area.

Atwell Urban Art Project - Spray-painting workshops held after school at the Atwell Community Centre for Year 7 students from Atwell Primary

Future Programs

July School Holidays **Youth OUTRAGE** program Monday 5th July to Friday 16th July.

Young Women's Group - Emmanuel Catholic College

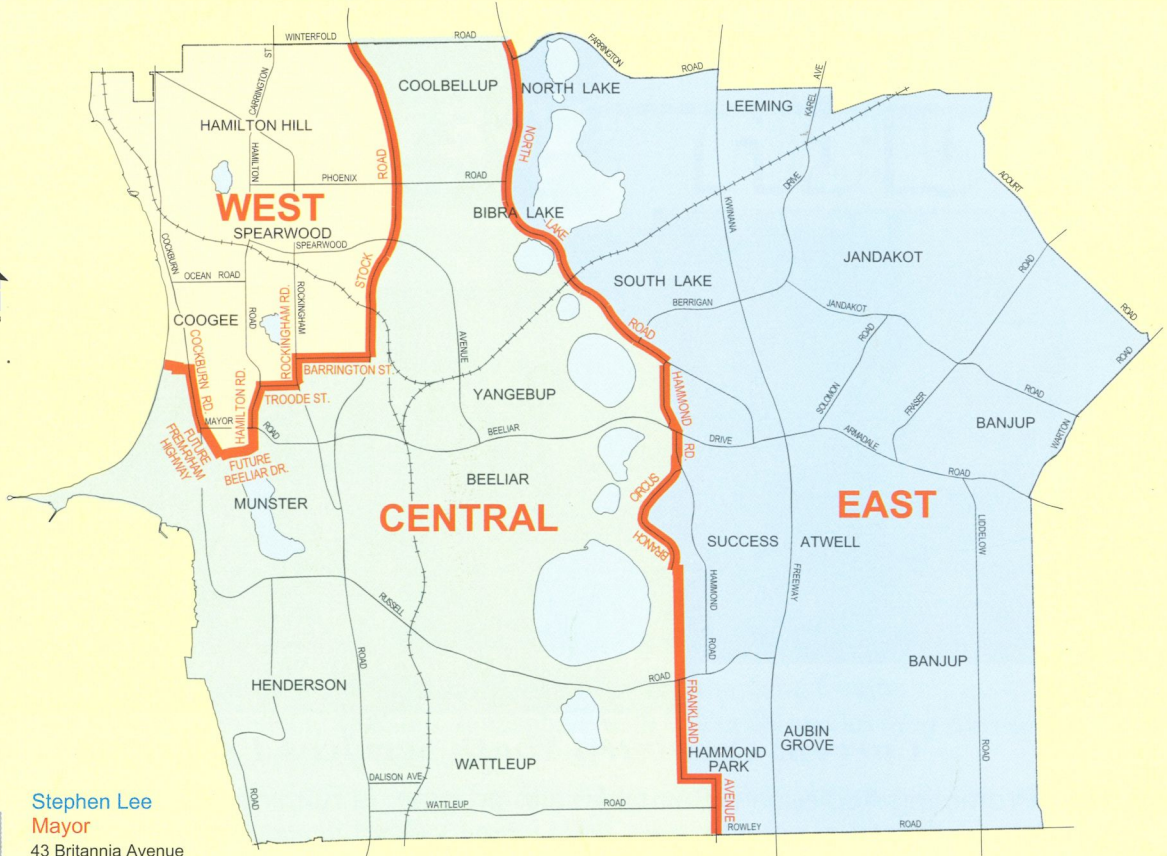
Afternoon Program - Next term CYS will run activities with students from Hamilton SHS.

Changing Trax - Program for young people experiencing domestic violence to work through breaking the cycle.

U Fund - grants of \$100 to \$400 are available to young people who are wanting to run their own activity, event or workshop in the community.

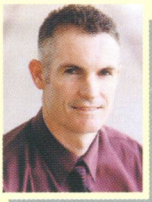
Young Volunteers Creating Community - A joint project with the Cockburn Volunteer Resource Centre to develop and deliver training to 13 young residents of the City of Cockburn aged between 15 and 25 to enable them to effectively volunteer for other young people including Indigenous young people and at risk young people in the community.

For further information call Jae on 9411 3582 or Youth Workers, Lee-Anne and Amanda on 9414 9055 or the Coordinator, Mary on 9411 3447.



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City of
Cockburn



MAYOR & COUNCILLORS