

Cockburn Soundings

sunday markets set for success



Want to make some extra dollars? One family's trash is another family's treasure! To turn your Spring cleaning into cash come down to Gateways Shopping Centre in Success on a Sunday morning.

The new Cockburn Community Markets are the best place to sell your second-hand gear. They are being organised by Cockburn community groups and all proceeds go back into the community. Sellers are admitted from 6am for \$5 and bargain hunters from 7am for a gold coin donation.

The markets are the brainchild of a fundraising taskforce created for the Cockburn Community Development Strategy and are sponsored by Alcoa and the City of Cockburn. For more information call Steve Summerell on 0411 408 211.

cockburn rotary spring fair



Sunday 30th October 2005 10am - 8.30pm :: **FREE ENTRY!**

Celebrate the amazing diversity of cultures in Cockburn! Taste international foods, browse arts and crafts and enjoy entertainment from around the world. PLUS! Vintage Car Display, Volunteer Bushfire Brigade Games, lots of amusements and awesome fireworks!

and in the FROSH-pit....

Battle of the Bands (11am - 2pm) :: More bands + dancers :: Info stalls to make your life easier
Henna + airbrush tattoos :: horizontal bungee, dunking machine and more!



teddy bears picnic

Wednesday 26th October 2005 10am - 1pm :: MacFaul Park, Pomfret Road, SPEARWOOD

- Bouncy castle, tractor train, pony rides and more
- Meet Gobi the Baby Dinosaur
- Face painting, Teddy Bear's Hospital, Teddy Bear Beauty Salon
- Bring a picnic lunch and don't forget to bring your Teddy!

FREE!



SGC
SOUTH GATE
COMMERCIAL

Variety! it's the spice of life at South Gate Commercial!

NEW STORES NOW OPEN!



BEDROOM SUCCESS

9414 5578

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9414 3070

CURVES FOR WOMEN

9498 7789

EAGLE BOYS PIZZA

13 14 33

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9498 6488

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9498 5677

ONE STOP AUTO PARTS & BATTERIES

9498 5822

OPTIMUM REALTY

9414 4444

PET MAGIC

9498 6667

PLANTATION FURNITURE

9414 5571

RED DOT MEGA MART

9414 6722

RYLEX AIRCONDITIONING & HEATING

9498 6966

SALVATION ARMY

9498 7418

THINGZ HOME & HOUSE

9414 6678

WIZARD HOME LOANS

9414 3255

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9498 5111

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Email or Zip Drive

LAKES BIKES

9498 5677

Your local place for all your Bikes, Helmets, Clothing, Accessories, Servicing and a lot more.



BEELIAR DRIVE, SUCCESS
JUST OFF THE
KWINANA FREEWAY.

FAMILY STORES

Salvation Army Red Bag Appeal

It's Spring Cleaning Time!

The Salvation Army will be collecting quality 'pre loved' clothing for the Red Bag It Appeal during October 2005.

Start your spring cleaning now and be ready for the Red Shield Bag It Appeal.



1/2 PRICE POTTERY
"FOR THE BEST VALUE AND THE BIGGEST RANGE"

Unit 22, South Gate Commercial

OPENING SOON!

City of
Cockburn

Wetlands

to waves

mail

PO BOX 1215, BIBRA LAKE, WA 6965

office

CNR ROCKINGHAM RD AND COLEVILLE
CRESCENT, SPEARWOOD

opening hours

8:30 AM – 4:30 PM

phone

(08) 9411 3444

fax

(08) 9411 3416

email

customer@cockburn.wa.gov.au

web

www.cockburn.wa.gov.au

mayor's message

Western Australia needs a new multi-purpose sports stadium. With the AFL finals just finished and the recent Wallabies test in Perth it has become increasingly obvious to everyone that the sporting needs of the West Australian public are not being met by Subiaco Oval.

The only solution is to build a new stadium that can accommodate all sports. Imagine a state of the art facility where you could watch your favourite sports 365 days a year in comfort with over 60,000 other fans. A stadium where you could watch Cricket or AFL on an oval and the next day enjoy Super 12 Rugby or Soccer on a rectangular pitch. We are committed to making this a reality.

The State Government has set up a Taskforce to decide the future of West Australia's stadium needs until 2025. Your Council has put together a strong bid to convince the Taskforce that the future lies in constructing a stadium in our City.

The potential benefits to the City and our region are enormous. Thousands of jobs would be created during construction and on completion of the stadium.

In the August edition of Cockburn Soundings I said that we would soon be calling on your support to help us convince the Government to build a major sports stadium at Cockburn Central.

We will soon be launching our bid. Keep an eye on your letterbox and the media for details of the events and activities we have planned. Together we will have a lot of fun in bringing this world-class facility to our City.

Yours,

Mayor Stephen Lee

Contact Mayor Stephen Lee on (08) 9411 3577 or slee@cockburn.wa.gov.au



joint fund beats insurance woes

While spiralling public liability insurance costs have crippled many non-profit and community volunteer groups in WA, an innovative partnership between the City of Cockburn and Alcoa has enabled 14 local groups to put the community back into their events.

This follows an agreement between the City of Cockburn and Alcoa to pay their public liability insurance for 12 months - and also support a project to help the groups raise sufficient funds to cover future premiums.

Exorbitant insurance premiums had threatened the ability of local volunteer groups - ranging from pensioner to sporting clubs - to conduct traditional fund-raising events like sausage sizzles and cake stalls.

Alcoa and Cockburn have donated \$60,000 to various groups in the Cockburn Community Development Strategy. The Regional Community Development Group received \$16,500 from this grant to cover insurance costs for Residents Groups.

Thanks to the support of the City and Alcoa, the residents groups are ready for action and much closer to reaching their goals!

Aboriginal Care Givers Morning Tea

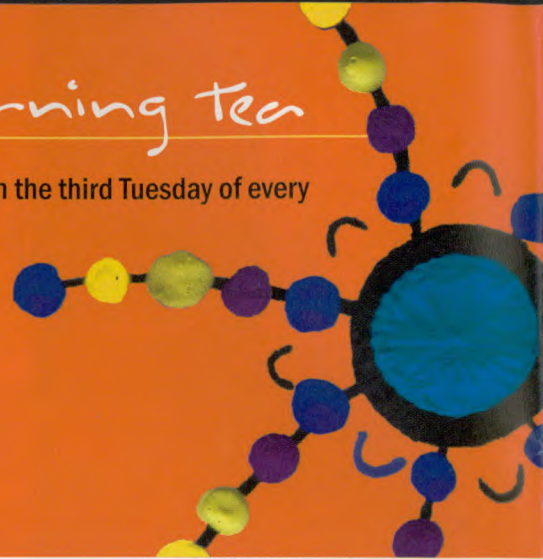
Our hard working caregivers are all invited to a well-earned tea break! We meet on the third Tuesday of every month, at the Kwobarup Aboriginal Services Centre.

Meeting Date: 18th November, 10.00am-12.00pm

Kwobarup Aboriginal Centre :: Corner Ingram and Healy Rd :: Hamilton Hill

Contact Sue Lewis on 9314 6363 or slewis@cockburn.wa.gov.au

Come along to share your experiences, and have a laugh!



win \$100 for your thoughts!

You can be in the draw to win a \$100 Gateways shopping spree just by filling out a survey! The Membership Taskforce of Cockburn needs information about what motivates people to volunteer in their community.

The community involvement survey is the first project of this new taskforce, which was formed by the Cockburn Regional Community Development Group. This group is also responsible for the Fundraising Taskforce, who created the successful Cockburn Community Markets at Gateways Shopping Centre in Success.

The survey is available through your local sporting or community association, from www.cockburn.wa.gov.au or by calling 9411 3490.



SENIORS BALL

under the sea

Saturday 5th November 2005

7:00 pm - 11:00pm

Civic Centre Hall :: Coleville Crescent, SPEARWOOD

Wear a costume to win prizes!

Entry fee \$2.00 per person

Supper, tea and coffee provided

Beer, wine and cool drinks can be purchased

Spot prizes will be given out during the night

For further details please contact Bev Nelson on 94113 535

COME AND DANCE THE NIGHT AWAY!

food safety travel tips



With the holidays coming up, National Food Safety Week (6-12 November) is focusing on how to keep food safe when travelling. You can avoid picking up nasty stomach bugs by using these tips when eating on the move:

taking your food home

- Try your best to take your food home in the air-conditioned part of the car in hot weather, instead of your boot.
- Get home as quickly as possible - don't leave shopping in the car.
- If you are travelling for more than 30 minutes, place your cold foods in an insulated container on the way home.
- When you arrive home, immediately pack chilled and frozen products in your fridge or freezer.

tips for camping

- Don't take perishable foods camping unless you have access to a refrigerator. It is best to use dry, UHT and canned products. This will avoid any invading bacteria.
- As soon as you arrive, put your cooler in a shady area.
- Never save leftovers. Only cook enough for your meal and discard the rest.
- Washing hands after going to the toilet is just as important when camping as it is at home. Use disposable wipes where necessary.

Keep an eye out for National Food Safety week events and more useful tips for food safety while you travel. More information on National Food Safety Week and food safety at home can be found at the Food Safety Information Council website, www.foodsafety.asn.au.

salute to wally

Wally Hagan

10th October 1917 - 21st August 2005

A tribute to the life of Wally Hagan is a tribute to this city. Wally lived and worked in Cockburn since 1923 and was a dedicated member of the community. His tireless work for the people of Cockburn and the development of the city is a priceless gift, and a timeless contribution to our history.

The contributions of one man include serving in WWII, and as a councillor for Cockburn for 25 years. Wally also devoted 25 years to the Junior Football Association, and contributed to the Red Cross and the RSL Club. One of his aims as councillor was to help raise funds for a basketball stadium, which was later named in his honour.

In 1977 Wally received the award for Citizen of the Year, and became a Freeman of our City. HRH Prince Charles presented him with the order of Australia Medal in 1983.

Wally died on the 21st August 2005 at Hillcrest Nursing Home aged 87 years. Ray Lees, former Mayor of Cockburn said, "Nobody ever had a bad word about Wally. He was always there to help no matter what time of the day you asked him, and always showed concern for the people."

Rod Brown, former CEO of the City of Cockburn, feels privileged to have worked with Wally: "He was a fantastic representative and tireless worker for the City of Cockburn," says Rod. "He was a wonderful man and a great friend who I will always remember."

His devotion to our city does not go unnoticed, so we salute Wally Hagan, Freeman of the City of Cockburn. Rest in peace.



great gardens in cockburn

A free Great Gardens Workshop will be held in November at the City of Cockburn Civic Centre. Celebrity guests Neville Passmore and Sabrina Hahn will join a team of experts to give you great ideas to help create your own urban paradise.

This event has been specially adapted for gardening conditions in Cockburn with real tips that you can use while still looking after the environment. There will even be wonderful gardening prizes you can win just by being there.

The Great Gardens Workshop brings together local government, state agencies, businesses, community groups and individual landowners so that together we can make the changes that will help improve our environment.

You will need to register for the workshop, which takes place on Monday, November 7th from 6 - 9pm. Places are limited so don't delay!

To register telephone the Hotline on 1300 3698 33 or go to the online booking/information system at www.greatgardens.info

If you require further information call Council's Environmental Services Section on 9411 3505.

cockburn businesses to have their say

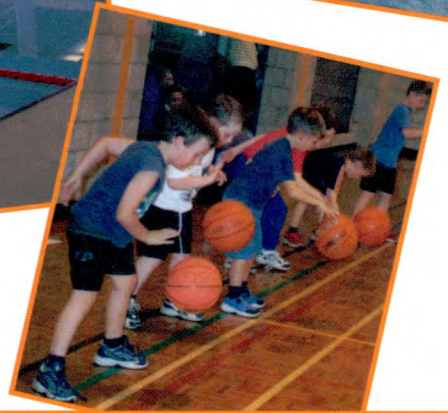
Cockburn businesses have a unique chance to tell Federal and Local Government Agencies how to tackle issues affecting their future. The first stage of the Seize the Future project will be a seminar at the Cockburn Civic Centre, November 21st at 5:30pm.

The Department of Employment and Workplace Relations and the combined Southwest Region Chambers of Commerce will be holding the seminar to hear from local businesses exactly what they believe is holding back growth and service delivery. Seize the Future will involve Government and the business community working together to find solutions for building a stronger and more prosperous Cockburn.

For more information and to take part in Seize the Future, call Alexandra Cullen on 9411 3601 or email acullen@cockburn.wa.gov.au.

SOUTH LAKE LEISURE

CENTRE



Beat the heat @ South Lake Leisure Centre

Whether you're looking to get fit, try something different or just relax, the South Lake Leisure Centre has something to offer.

Drop in and experience life @ South Lake Leisure Centre

New Gym Facility Opens!

The newly renovated Gym contains over \$160,000 in fantastic new fitness equipment, including cardio machines, weight-resisted equipment and audio-visual gear. See inside the centrefold for photos of some of the equipment.

The new gym space is twice the size of the old area and it will be ready to experience by early October. We look forward to welcoming our valuable existing members to their BIGGER AND BETTER facility, as well as many new customers keen to start an exciting new regime.

As a sincere thankyou to our existing members and to help celebrate the opening of the new facilities, we are planning a RELAUNCH PARTY. So members stay tuned for your exclusive invite to come along and be part of the celebrations!

Ph: 9417 3003 email: leisure@cockburn.wa.gov.au

pool entry charges

Adult	\$3.80
Student [student card reqd]	\$2.80
Family [2 adults, 2 children]	\$11.40
Pensioner [Pens/Snr card reqd]	\$2.60
Spectator	\$1.60
Children Under 5	FREE
Children under 5 must be supervised by a swimming adult	

facility charges

Swim - Spa - Sauna - Steam	\$7.10
Pensioner Swim - Spa - Sauna - Steam	\$6.00
Gym & Swim	\$11.00
Gym - Swim - Spa - Sauna - Steam	\$13.00
Fitness / Aquarobics Class	\$6.90
Club 50 Class	\$5.40
Crèche 1st child - 1.5 hours	\$2.50
Crèche 2nd child - 1.5 hours	\$1.40

Call the South Lake Leisure Centre on 9417 3003 to find out about our great value membership packages and multi visit passes.

birthday parties

- Choice of menus
- Free spectator entry for parents
- Ice-cream cake included (min. 10)
- Indoor and outdoor play areas
- Weekdays, Weekends and School Holidays



Call 9417 3003
to book your party

FITNESS CLASSES

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
8.00 - 9.00am						BODY COMBAT	
9.00 - 10.00am						BODY PUMP	
9.30 - 10.30am	FIT BALL	BODY PUMP	BODY SCULPT	BODY COMBAT	CROSS TRAINER		BODY PUMP
10.30 - 11.30am	BODY COMBAT	BODY BALANCE	FIT BALL	BODY PUMP	BODY BALANCE		BODY BALANCE
5.30 - 6.30pm	BODY COMBAT	BODY BALANCE	BODY SCULPT	BODY PUMP	BODY PUMP		
6.30 - 7.30pm	BODY PUMP	FIT BALL	BODY COMBAT	STEP ATHLETIC			



AQUAROBICS CLASSES

TIME	MON	TUES	WED	THURS	FRI	SAT
7.30 - 8.30am	CLUB 50	CLUB 50	CLUB 50		CLUB 50	
8.30 - 9.30am						AQUA CROSS
9.15 - 10.15am	AQUA BLITZ	AQUA TONE	AQUA CROSS	AQUA TONE	AQUA CROSS	
10.30 - 11.30am	CLUB 50	CLUB 50	CLUB 50	CLUB 50	CLUB 50	
6.30 - 7.30pm	AQUA BLITZ	AQUA TONE	AQUA CROSS	AQUA BLITZ		

South Lake Leisure Centre

'2 for 1'

Present this voucher to receive 2 for the price of 1 entry to a FITNESS CLASS or AQUAROBICS CLASS

VALID BETWEEN NOVEMBER 1-30, 2005



Ph: 9417 3003 email: leisure@cockburn.wa.gov.au

The wait is finally over! After much time in planning and construction, South Lake Leisure Centre is very pleased to present the new gym facility to the community, boasting over \$160,000 of new exercise equipment!



The gym's cardio equipment stock now includes 9 treadmills, 7 cross-trainers, 12 exercise cycles, 2 steppers and 3 rowing machines.

The Gym also has many new weight-resisted machines plus new free weights equipment.

To top it all off, an Audio-Visual theatre of 6 80cm TVs allows you to listen to them through your walkman!

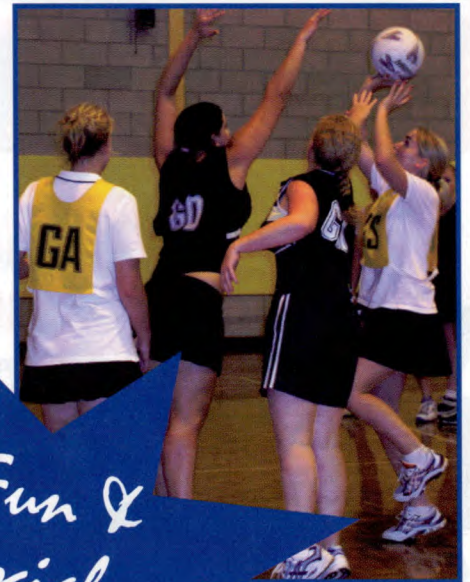


Contact the Centre on 9417 3003 for details on re-opening specials

SUMMER SPORTS COMPETITIONS

- Morning & Evening Netball
- Mixed Netball
- Men's Soccer
- Junior & Open Mixed Hockey

**NOMINATE EARLY
PRIZES TO BE WON**



*Fun &
Social
Atmosphere*

NOMINATIONS NOW OPEN! Ph: 9417 3003

Swimming Lessons

@ South Lake Leisure Centre



Term Dates:

9th October - 17th December

Costs: \$97.00 - 10 week term

- 7 day a week program
- Infant Aquatics to school age classes
- Resuscitation & Bronze Medallion Classes



**HURRY,
ENROL NOW
FOR TERM 4**

January Vacation Swimming

Enrol by 19/12
and receive a
10% discount!

Short 5 day classes
\$36.00—includes entry

10 day classes
\$65.00—includes entry



Hurry enrol now to secure your place!

Phone 9417 3003 for details and bookings



cockburn senior citizens, inc.

We are Social! :: Have TV! :: Have Library!

tuesday

8:30am – 12:00pm, Podiatry (book in advance)

9:00am – 2:30pm, Indoor bowls, social billiards

wednesday

10:30am – 12:00pm, bootscooting for beginners

9:00am – 12:00pm Hairdressing (please book)

1:00pm – 2:30pm, Bingo, social billiards

2:30 to 3:00pm, afternoon tea + biscuits

thursday

Half-day social bowls or sometimes our team plays other clubs at home or away

Can't get here? Live in Cockburn? Our bus can pick you up from home and take you back for \$1 each way.

9 Young Place Hamilton Hill

Phone Mavis 9337 3772

playclub for three year olds

The huge jump from playgroup to kindy can be difficult for parents and children alike. The Three Year Old Playclub is a stepping-stone for parents and their three year olds. The program allows parents to attend a playgroup session with their child and encourage them to become more comfortable in a learning environment.

The program offers learning themes such as Books and Puzzles, Music and Movement, Art and Craft, Outdoor Activities and many more skill developing activities. Children are eligible to attend the term before they turn three, and a parent/carer must attend each session. Fees are \$67.00 per term and a deposit of \$20.00 (non-refundable) is required to secure a place.

The sessions are held at the Playfactory, 19 Beckett Close, Munster.

For further information, including what to bring, session times and bookings contact Barbara on 9411 3431 or by email on barbara@cockburn.wa.gov.au.



councillor's corner

Security is more than locking your doors and windows. Feeling safe comes not only from personal protection, but from being in control of your financial situation, knowing who your neighbours are and making others feel secure in their place as valued members of our community.

Security is about opening ourselves to all in the community, not about boarding up the windows. How else can we know who makes up our neighbourhood, who is in our street and who we can turn to if we need assistance?

While we may feel at times helpless on global security issues, I am delighted that our council is helping assist your security with a number of measures - addressing home security, financial security and neighbourhood security. We offer real ways to maintain and improve security, within ourselves and throughout our community.

I urge you to take a look at the list of phone numbers below. These services all exist to help you. It does not take much to get involved.

A community that focuses on everyone's welfare is providing more security than any public safety announcement ever could.

Take care,

Cllr Linda Goncalves

Financial Counselling

9414 6302 / 9331 1174

Social Services

(Children, Youth, Disabled + Seniors)
9411 3444

Health Services 9411 3589

Environmental Services 9411 3505

Valuables Marking Service

9314 3001

Rangers 9411 3594

Security Patrol 1300 653 643

meet your neighbours

Neighbours come in handy from time to time. Whether it's keeping an eye on your pets or borrowing some sugar, neighbours can make life a lot easier. Neighbourhood Watch has a new program called "Get to Know 8". The program is your way to meet your neighbours and expand your networks - because you can never have too many friends!

The program is new to Cockburn and needs the help of volunteer community members like you. If you are interested in serving the community as either a Neighbourhood Watch Street Representative or Suburb Manager, you will have the opportunity to host an afternoon or morning tea for your neighbours. Cockburn Neighbourhood Watch will supply food and beverages, plus gifts for your neighbours. A Neighbourhood Watch representative, Police Officer and Community Association representative will also attend to meet your neighbours.

To help make your neighbourhood a safer and closer community contact the Neighbourhood Watch Coordinator on 0419 966 712.



stop the rot

Cockburn bushlands are increasingly threatened by an invasion of a plant bacterium called dieback. The bacteria can also affect your gardens if the soil is contaminated. Dieback essentially destroys a plant's root system, affecting its ability to draw up water and nutrients from soil.

The Dieback Working Group recommend some simple safety procedures that ensure this dangerous soil-dwelling disease does not greatly affect the flora in our community.

They recommend that homeowners buy plants from accredited nurseries that follow strict hygiene procedures. This is because the disease can be spread in nurseries where contaminated potting mix is used, or even when homeowners transplant established plants from one garden to another.

With continued fighting and a greater understanding within the community, this environmental disease can be prevented.

spring facts

Spring is a peak time for dieback spread as wet, warm soil is its perfect environment. Here are some simple steps you can take to stop the spread this spring.

1. Stay out of quarantined areas
2. Don't remove soil or mud around bushland (check shoes and tires)
3. Protect your trees with phosphite
4. Buy dieback free plants

For more information on any of these tips, visit the Dieback Working Group's Website www.dwg.org.au or via christopher.dunne@kalamunda.wa.gov.au.

IMPORTANT NOTICE

The NEW number to call when reporting a crime is **131 444**

This replaces the number on the red fridge magnet distributed in the Cockburn Soundings in August 2004.

131 444 is the number to call in a non-emergency situation.

The call taker will ask you a series of questions and take an incident report, issue you with an incident report number and if necessary, arrange for police to attend. You can also visit your local police station to report a crime.

If you see suspicious or illegal activity, report it immediately. Don't assume someone else will tell the police. Don't even wait to discuss it later with someone else. Report it every time, at the time on 131 444.

This is an initiative of the WA Police, the City of Cockburn and Neighbourhood Watch.



Cockburn Community Walking Groups

Take a step in the right direction. Join a Community Walking Group for a fun and safe way to keep fit.



SOUTH LAKE

WED + FRI 5:30 pm SOUTH LAKE PRIMARY SCH, MASON CT (NEAR FOXALL PL) Bernie Dierks 9418 1535

ATWELL

SAT 8:30 am OUTSIDE DEWSONS, STARGATE SHOPPING CENTRE Lei Tan 9411 3490

WED 9:00 am *NEW* "Pramercise" for MUMS and BABIES
ATWELL COMMUNITY CENTRE, LOMBE GARDENS Fleur Bachelor 9411 3490

SPEARWOOD

MON 6:00 am JOE COOPER RECREATION CENTRE, MACFAULL PARK Alan Spowart 9434 1545

BIBRA LAKE

SAT + SUN 1:00 pm BIBRA LAKE MAIN CAR PARK, PROGRESS DR Alison Croft 9411 3490

MUNSTER

MON 9:00 am ST. JEROME'S PRIMARY SCH, TROODE ST Lorraine Kingsley 9418 7225

HAMILTON HILL

SUN 9:00 am AZELIA LEY HOMESTEAD, MANNING PARK, HAMILTON HILL Fred Mason 9434 1545



fit * friendly * safe * social

local heroes wanted for Oz Day awards

As 2005 draws to a close, the City of Cockburn would like to hear about any inspiring deeds by people or organisations in Cockburn. We will be recognising our local heroes at the Annual Australia Day celebrations to be held on Thursday 26th January 2006.

You can nominate unsung heroes in the community. You can nominate sporting, artistic or academic achievers. You can nominate any special achiever who has made a difference somewhere in Cockburn.

There are three categories of awards:

1. Outstanding contribution by a local citizen aged 25 or over
2. Outstanding contribution by a local citizen under 25 years of age
3. Outstanding contribution by a local group or community event.

The winner of each category will receive a gift to the value of \$200 and a beautiful framed certificate. The person who nominated them will also receive a prize to the value of \$50!

Get your entry form at www.cockburn.wa.gov.au, or by calling Valerie on 9411 3401 or email wiljoen@cockburn.wa.gov.au.

The closing date is Friday 25th November 2005.

Let us know about your local hero so they can get the praise they deserve!



Return the completed nomination form to:

"Australia Day Awards"
Reply Paid No. 2
City of Cockburn
PO Box 1215
Bibra Lake DC 6965

Seniors Week October 23 – 30



Lakeside Village Community Calendar

Residents from Lakeside Village have had a busy year. They have not only participated in heaps of events and activities, but made sure they struck a pose at the same time. It's all been in order to produce a fundraising calendar for 2006.

The calendar highlights the important ways that older people contribute to our community. It's full of colourful images of active and able seniors having fun.

The Lakeside Village Community Calendar will be on sale from 25th October at the Lakeside Village Open Day, so come pick your copy up for just \$5. For more information, or to get your hands on a copy please phone 9417 2988.

Seniors Community Action Plan :: Friday 28th October

Cockburn Seniors will celebrate the completion of their very own Community Action Plan at an afternoon tea on Friday 28th October.

This marks the end in the Action Planning process in which Cockburn seniors were directly involved. The Action Plan is a record of the issues raised at workshops held in June and July. It also outlines projects that will address some of these issues and will enable future funding. Developing the Seniors Action Plan is part of the Cockburn Community Development Strategy.

Although the planning part of the process is drawing to a close, the momentum continues with the establishment of the Regional Seniors Group. This group is made up of various seniors' social clubs and associations in Cockburn who will be addressing issues raised in the workshops. Watch this space for future developments!

If you'd like to attend the afternoon tea, please call Alice on 9411 3499.

Alcoa & Cockburn Seniors Spring Clean Day :: Saturday 29th October

Alcoa employees will be joining Cockburn seniors to give the Seniors Centre in Hamilton Hill a facelift.

Alcoa has generously provided a grant to be used for the improvements. These include new air conditioning, a new adjustable chair for the hairdressing salon and painting supplies to be used on the day.

These much-needed additions will help make the centre a brighter and more comfortable venue for seniors' activities, especially through the summer months.

The combined effort between Alcoa, the seniors and the wider community is an example of the Cockburn Community Development Strategy at work. If you would like to help on the day, call Alice Kavanagh on 9411 3499.

WHAT'S ON

@ your cockburn library

To celebrate "Stay on Your Feet Week" library patrons lay down in the Spearwood Library to meditate as part of a Tai Chi Workshop run by Rocky Kwong. Workshops on many subjects are run throughout the year as part of our Lifelong Learning Programme. These following workshops are coming up:

researching and writing your family history

October 26th, 10.00am-1.30pm. Lunch provided.
Bookings essential on 9411 3491.

make your own personalised christmas cards

rubber stamping and punch art

November 21st (Spearwood), 22nd (Coolbellup)
and 24th (Success)

10:00am-12:00pm \$5 fee for materials. Personal bookings only. Limited numbers.

make your own christmas gift *wind chimes*

December 15th, 10:00am - 12:00pm Spearwood Library

\$5 fee for materials. Personal bookings only. Limited numbers. Adults and children welcome!

Do you want to be notified of library events in advance? Phone Luba on 9411 3633 and get your contact details on the Library Events Database.

got health issues?

The Health and Wellness Resource Centre is a comprehensive online resource that is provided by Cockburn Libraries. As a Library member you have access to up-to-date medical, health and wellness information through our web pages! Just visit <http://library.cockburn.wa.gov.au> and click on the link.

NB! You can also access the Encyclopaedia Britannica and EBSCO's Australia and New Zealand Reference for access to a large collection of magazines and newspapers - all for FREE from our website.

bookstars - a new club for book-crazy kids

Starting in December at Spearwood Library, join us each month for heaps of fun, crafts, games and special guests to entertain you. And to top it off there will be prizes to win too! Starting this December with the Mad, Mad Xmas Party!



Not a sight often seen in Cockburn Libraries, but then we're not your usual Library!



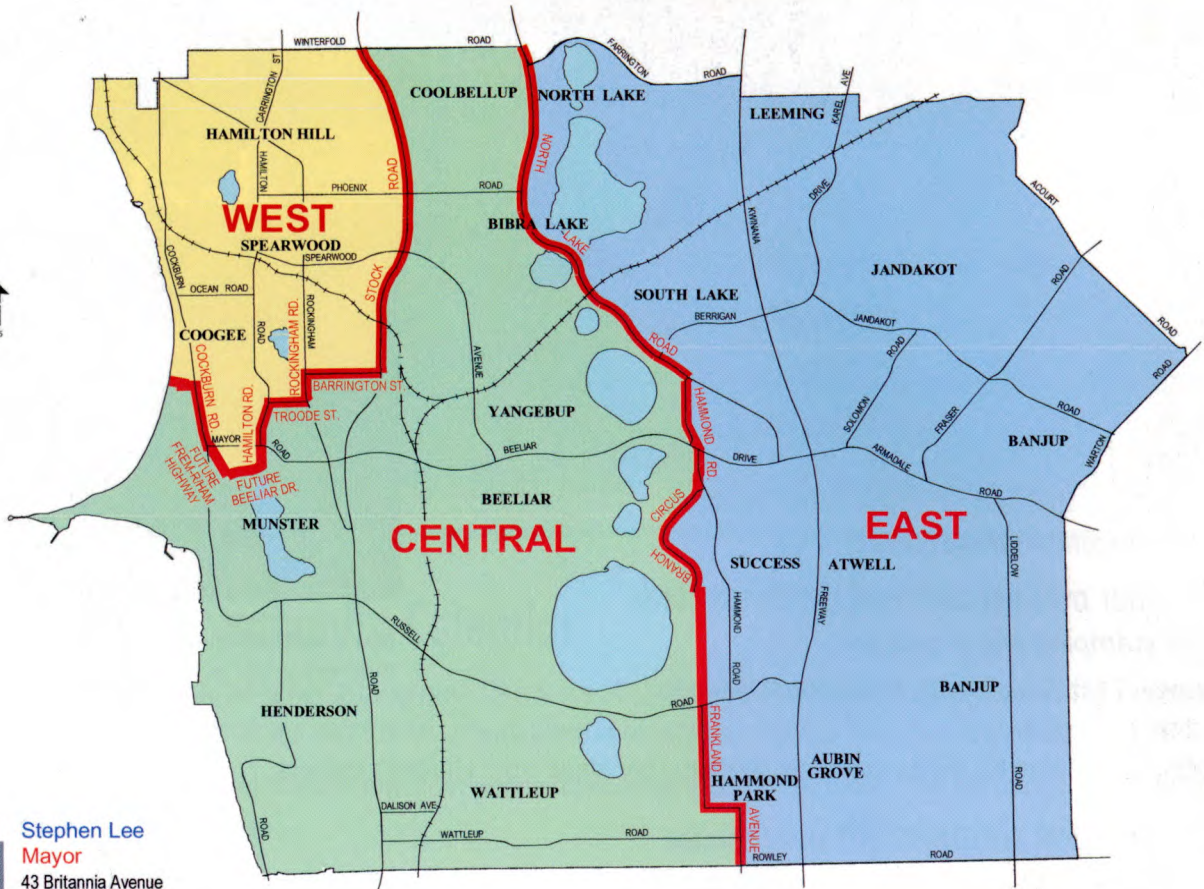
NEW at your library

Do you have a favourite author?

Is there a subject that fascinates you?

Do you want to know about the latest DVD's or CD's in Cockburn Libraries?

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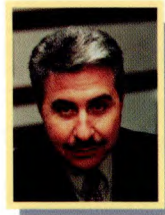
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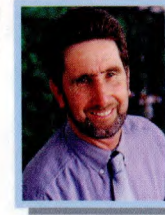
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